



Dr. Rene Gutiérrez
Superintendent of Schools

Brownsville Independent School District Food & Nutrition Service

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Dear Parents,

During the 2019-2020 school year, students will receive a free breakfast and lunch meal under "Community Eligibility Provision." A la carte menu items will also be available at a nominal price. The Food & Nutrition Services Department encourages students to take advantage of the free meals and low cost nutritious a la carte items.

Food & Nutrition Services (FNS) is fully committed to the Texas Department of Agriculture's mission: *Feeding the hungry and promoting healthy lifestyles*. FNS does this by ensuring nutritionally adequate food is offered on the menu, encouraging children and adults to gain a full understanding of the relationship between proper eating and good health, and providing learning experiences designed to result in healthier lifestyle choices. Menus are planned with the intent to meet nutrient standards set forth by the United States Department of Agriculture's Healthy Hunger-Free Kids Act of 2010 by offering a variety of well-balanced foods. Menu selections are designed to increase the consumption of grains, fruits, and vegetables, as well as other food sources rich in essential vitamins and minerals.

Food & Nutrition Services (FNS) shall continue to build upon the standard of quality that the community has come to expect. The FNS Department believes that healthy eating will lead to a brighter future. Menus will be available, by request, at the cafeterias and can be found on our website:

<https://bisdfoodandnutritionservice.weebly.com/> Please download our free app to obtain nutrition information on all foods offered. Parents may contact the FNS Department regarding any concerns or questions on the program at 956-548-8450.

Sincerely,

Laura – Zeld S. Villarreal, MBA, RDN, LD, SNS
Food & Nutrition Services Administrator

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